

## Week one

03/06 24/06 15/07 02/09 23/09 14/10

Monday

**Choose a main meal...**  
Chicken Tikka Masala & Rice\*\* (M) (H)  
Tomato & Mozzarella Pizza\*\* (V)  
Jacket Potato with a Choice of Fillings (A)  
Filled Sandwich (PL)

**on the side...**  
Sweetcorn  
Broccoli

**for dessert...**  
Mango Frozen Yoghurt

Tuesday

**Choose a main meal...**  
Chicken, Pea & Potato Bake (M) (H)  
Vegetable Pasta Bolognese\*\* (V)  
Jacket Potato with a Choice of Fillings (A)  
Filled Sandwich (PL)

**on the side...**  
Green Beans  
Mediterranean Vegetables

**for dessert...**  
Pear Upside Down Cake & Custard

Wednesday

**Choose a main meal...**  
Roast Chicken with Roast Potatoes and Gravy (M) (H)  
Sweet Potato and Chickpea Roast & Roast Potatoes & Gravy (V)  
Jacket Potato with a Choice of Fillings (A)  
Filled Sandwich (PL)

**on the side...**  
Cabbage  
Carrots

**for dessert...**  
Flapjack with Fruit Slices

Thursday

**Choose a main meal...**  
BBQ Chicken Meatballs served with Pasta\*\* (H)  
Sweetcorn Tortilla Pie with Rice\*\* (V)  
Jacket Potato with a Choice of Fillings (A)  
Filled Sandwich (PL)

**on the side...**  
Garden Peas  
Seasonal Vegetables

**for dessert...**  
Brownie Cake

Friday

**Choose a main meal...**  
Salmon Fish Fingers & Chips (M)  
Quorn Dippers with Chips (V)  
Jacket Potato with a Choice of Fillings (A)  
Filled Sandwich (PL)

**on the side...**  
Sweetcorn  
Baked Beans

**for dessert...**  
Berry Chill

## Week two

10/06 01/07 22/07 09/09 30/09

**Choose a main meal...**  
Chinese Chicken Noodles (M) (H)  
Tomato & Mozzarella Pizza\*\* (V)  
Jacket Potato with a Choice of Fillings (A)  
Filled Sandwich (PL)

**on the side...**  
Garden Peas  
Crunchy Coleslaw

**for dessert...**  
Chocolate Sponge Cake with Custard

**Choose a main meal...**  
Chicken Sausages with Creamed Potatoes (M) (H)  
Vegetarian Sausages with Creamed Potatoes (V)  
Jacket Potato with a Choice of Fillings (A)  
Filled Sandwich (PL)

**on the side...**  
Roasted Peppers and Sweetcorn  
Baked Beans

**for dessert...**  
Strawberry Sponge Swirl

**Choose a main meal...**  
Roast Turkey with Roast Potatoes & Gravy (M) (H)  
Cauliflower & Creamed Corn Bake with Roast Potatoes (V)  
Jacket Potato with a Choice of Fillings (A)  
Filled Sandwich (PL)

**on the side...**  
Cabbage  
Carrots

**for dessert...**  
Oatie Biscuit with Fruit Slices

**Choose a main meal...**  
Beef Pasta Bolognese\*\* (M) (H)  
Mild Chickpea Curry & Rice\*\* (V)  
Jacket Potato with a Choice of Fillings (A)  
Filled Sandwich (PL)

**on the side...**  
Broccoli  
Sweetcorn

**for dessert...**  
Apple & Carrot Slice

**Choose a main meal...**  
Crispy Fish with Chips (M)  
Baked Bean & Cheese Quesadilla with Chips (V)  
Jacket Potato with a Choice of Fillings (A)  
Filled Sandwich (PL)

**on the side...**  
Garden Peas  
Tomato & Cucumber Salad

**for dessert...**  
Cheese & Biscuits

## Week three

17/06 08/07 16/09 07/10

**Choose a main meal...**  
Beef Chilli Tortilla Wrap (M) (H)  
Tomato & Mozzarella Pizza\*\* (V)  
Jacket Potato with a Choice of Fillings (A)  
Filled Sandwich (PL)

**on the side...**  
Broccoli  
Carrots

**for dessert...**  
Peach Slice

**Choose a main meal...**  
Chicken & Sweetcorn Pie (M) (H)  
Shepherdess Pie (V)  
Jacket Potato with a Choice of Fillings (A)  
Filled Sandwich (PL)

**on the side...**  
Peas  
Mediterranean Vegetables

**for dessert...**  
Lemon Drizzle Cake

**Choose a main meal...**  
Roast Chicken with Roast Potatoes & Gravy (M) (H)  
Quorn Roast with Roast Potatoes & Gravy (V)  
Jacket Potato with a Choice of Fillings (A)  
Filled Sandwich (PL)

**on the side...**  
Cabbage  
Carrot

**for dessert...**  
Blueberry Frozen Yoghurt

**Choose a main meal...**  
Beef Burger and Jacket Wedges (M) (H)  
Mac 'N' Cheese (V)  
Jacket Potato with a Choice of Fillings (A)  
Filled Sandwich (PL)

**on the side...**  
Roasted Summer Vegetable Medley  
Sweetcorn

**for dessert...**  
Apple and Berry Crumble & Custard

**Choose a main meal...**  
Golden Fish Fingers with Chips (M)  
Veggie Hotdog with Chips (V)  
Jacket Potato with a Choice of Fillings (A)  
Filled Sandwich (PL)

**on the side...**  
Baked Beans  
Garden Peas

**for dessert...**  
Chocolate Shortbread with Fruit Slices

All our milk is Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



ALL OUR BEEF is from THE UK OR IRELAND

FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel

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Chartwells Spring Summer Menu 2019  
M= Main, V= Vegetarian, A= Alternative, \*\*= Wholegrain, H= Halal, PL= Packed Lunch  
Jacket Potato Fillings - Cheese, Baked Beans, Tuna. Sandwich Fillings - Ham, Cheese, Tuna

WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs

FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

ALL OUR BANANAS ARE FAIRTRADE

