

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Beechfield School
Autumn 2018 Menu

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Chicken sausage pasta bake	Beef Curry with rice	Roast chicken with roast potatoes and gravy	Spaghetti Lamb Bolognese	Fish fingers with chips
03-Sep	Vegetarian	Vegetarian butterbean risotto	Macaroni cheese	Creamy vegetable pie with roast potatoes and gravy	Sweet & sour vegetables with rice	Vegetable Enchiladas with chips
24-Sep						
15-Oct	Dessert	Baked tomatoes Peas	Mixed Peppers Sweetcorn	Carrots Swede	Sweetcorn Broccoli	Baked beans Garden peas
12-Nov						
03-Dec		Wholemeal apple crumble & custard Yoghurt Fresh fruit platter	Chocolate cocoa cookie Yoghurt Fresh fruit salad	Rice Pudding with mixed berries Yoghurt Fresh fruit salad	Apple & Raisin Strudel with custard Yoghurt Fresh fruit salad	Jelly Yoghurt and Fruit Station
Week 2	Main	Beef meatballs with Penne pasta	Chicken Tikka with rice	Roast turkey with roast potatoes and gravy	Lamb Shepherds Pie with gravy	Battered fish with chips
10-Sep	Vegetarian	Chickpea Aloo Chaat with rice	Quorn mince Bolognese with spaghetti	Mixed Vegetable Loaf with roast potatoes and gravy	Shepherdess Pie (Quorn)	Wholemeal Cheese & Tomato Quiche with chips
01-Oct						
22-Oct	Dessert	Peas and Sweet corn mix	Peas Carrots	Peas Cauliflower	Carrots Green beans	Baked beans Garden peas
19-Nov						
10-Dec		Eves Pudding with custard Yoghurt Fresh fruit platter	Pineapple loaf Yoghurt Fresh fruit chunks	Chocolate & Banana oaty square Yoghurt Fresh fruit salad	Oaty Peach Crumble with custard Yoghurt Fresh fruit platter	Jelly Yoghurt and Fruit Station
Week 3	Main	Wholemeal chicken and Red pepper pizza with wedges	Minced beef pie with mash	Roast chicken with stuffing, roast potatoes and gravy	Lamb Lasagne	Fish fingers with chips
17-Sep	Vegetarian	Five bean chilli with rice	Red Pepper Frittata with new potatoes	Vegetable Wellington with roast potatoes and gravy	Vegetarian Lasagne	Wholemeal cheese & tomato pizza with chips
08-Oct						
05-Nov	Dessert	Sweet corn Mixed Peppers	Green beans Carrots	Savoy Cabbage Carrots	Peas Sweetcorn	Baked beans Garden peas
26-Nov						
17-Dec		Mandarin upside down cake Yoghurt Fresh fruit platter	Chocolate sponge with chocolate drizzle Yoghurt Fresh fruit salad	Shortbread biscuits Yoghurt Fresh fruit chunks	Apple pie with custard Yoghurt Fresh fruit salad	Jelly Yoghurt and Fruit Station



Available Daily: Freshly cooked jacket potatoes with a choice of fillings
All meat is Halal
Bread freshly baked on site daily
Daily salad selection
Daily fresh fruit and yoghurt

