

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Beechfield Spring Menu 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Chicken Chow Mein	Lamb Lasagne	Roast Chicken With Roast Potatoes and Gravy	Lamb Meatballs in a Tomato Sauce with Rice	Fish Fingers With Chipped Potatoes, Tomato Sauce
Week 1	Vegetarian	Potato & Courgette Layer Bake	Wholemeal Spinach & Tomato Quiche with New Potatoes	Mixed Vegetable Loaf With Roast Potatoes and Gravy	Macaroni Cheese with Tomato topping	Quorn Sausage with Chipped Potatoes
01-Jan		Sweetcorn Green Beans	Sweetcorn Garden Peas	Carrot Garden Peas	Sweetcorn Mixed Peppers	Baked Beans Garden Peas
22-Jan						
19-Feb	Dessert	Fruit Yoghurt and Shortbread	Apple and Mixed Berry Crumble & Custard	Apple, Cheese and Biscuits	Pineapple upside down Cake with Custard	Pear & Ginger Muffin
12-Mar						
Week 2	Main	Hot Dogs with Tomato Sauce and Homemade Jacket Wedges	Chicken and Red Pepper Pizza with Baked Potato	Roast Turkey with Roast Potatoes & Gravy	Lamb Goulash with Rice	Battered Fish Chipped Potatoes, Tomato Sauce
Week 2	Vegetarian	Vegetable Wholemeal Pasta Bake	Lentil and Vegetable Curry with Rice	Cheese & Pepper Whirl with Roast Potatoes	Quorn Mince Pasta Bolognaise	Cheese and Tomato Pizza with Chipped Potatoes
08-Jan		Green Beans Sweetcorn	Roasted Vegetables Garden Peas	Sweetcorn Sliced Carrots	Baked Tomatoes Garden Peas	Baked Beans Sweetcorn
29-Jan						
26-Feb	Dessert	Pear Crumble and Custard	Banana Sponge & Custard	Chocolate Cookie with Natural Yogurt	Apple & Berry Strudel with Custard	Chocolate and Orange Brownie
19-Mar						
Week 3	Main	Lamb Burger in a Bun with Oven Baked New Potatoes	Turkey & Leek Pie with Mash Potato Topping	Roast Chicken & Stuffing with Roast Potatoes and Gravy	Lamb Chilli Con Carne with Rice	Salmon Fish Fingers with Chipped Potatoes, Tomato Sauce
Week 3	Vegetarian	Chinese Vegetarian Spring Roll with Oven Baked New Potatoes	Mixed Bean Cassoulet with Mash Potato	Vegetarian Wellington with Roast Potatoes	Chick Pea Aloo Chaat with Rice	Cheese Tomato & Spinach Frittata with Chipped Potatoes
15-Jan		Broccoli Garden Peas	Shredded Cabbage Sweetcorn	Carrots Garden Peas	Roasted Vegetable Medley Sweetcorn	Baked Beans Garden Peas
05-Feb						
05-Mar	Dessert	Carrot Cake with Custard	Shortbread	Jelly with Fruit	Wholemeal Peach Crumble & Custard	Lemon Cake
26-Mar						



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
All meat is Halal. Fresh fruit and yoghurt