

**Headteacher**

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Beechfield School

Thursday 28th April 2022

Dear Parents/Carers

On **Wednesday 25th May at 9am** we will be running a parent workshop about online safety.

The workshop will discuss the following:

Championing health relationships

Raising digitally resilient children who thrive in online and offline relationships. This will include understanding secondary school cultures. Also, family, and personal boundaries for online/offline activities, and the adolescent brain and risk taking. How to challenge problematic behaviours while encouraging positive behaviours in children.

The harmful impact of exposure to explicit material online

This session will include growing in awareness of the platforms accessible by children and young people and the age restrictions recommended, how to navigate the challenges, how to get help, brain basics of habit formation and addictions, and recovering from mistakes.

If you can attend please [click here](#)

I really hope you will attend so we can work together to keep the children safe on and offline.

Yours sincerely

Gillian Jackson
Headteacher

"Be Kind, Work Hard, Love Learning"
